

**Ten minutes once a year can
save your sight!!!!**

By Louise Clark

NHS Tayside Priority to ensure patients
have diabetic care/screening

Using figures that we gathered from the
service's DNA system and non attenders
at the young adults clinic

Project to focus on patients aged 12-30
years that Do Not Attend

The team:

Louise Clark

Emma Cartwright

Dr Emma Fletcher

Angela Ellingford

Angela Kelly

Team Discussions

Leaflets with appointment letter

Posters for GP surgeries

Content/Design

Patient Feedback

Inform Scotland

Facebook

12-19 years

Diabetic Eye Screening
Be a Hero!

10 minutes once a year can save your sight

Normal eye

Abnormal eye

If you don't get your pictures taken...

...your eyesight could end up like this!

More than a year since your last screening appointment?

If so, contact us at:

eyescreening.tayside@nhs.net Tel: 01382 633956

20-30 years

Diabetic Eye Screening

10 minutes once a year
can save your sight



Normal eye



Abnormal eye

Make sure it's on your tick list

- Diabetic Eye Screening
- Cinema
- Lunch with Friends
- Haircut

More than a year since your last screening appointment?

If so, contact us at:

eyescreening.tayside@nhs.net Tel: 01382 633956

DATA

Not screened in past 15 months

140 patients found initially

Sex

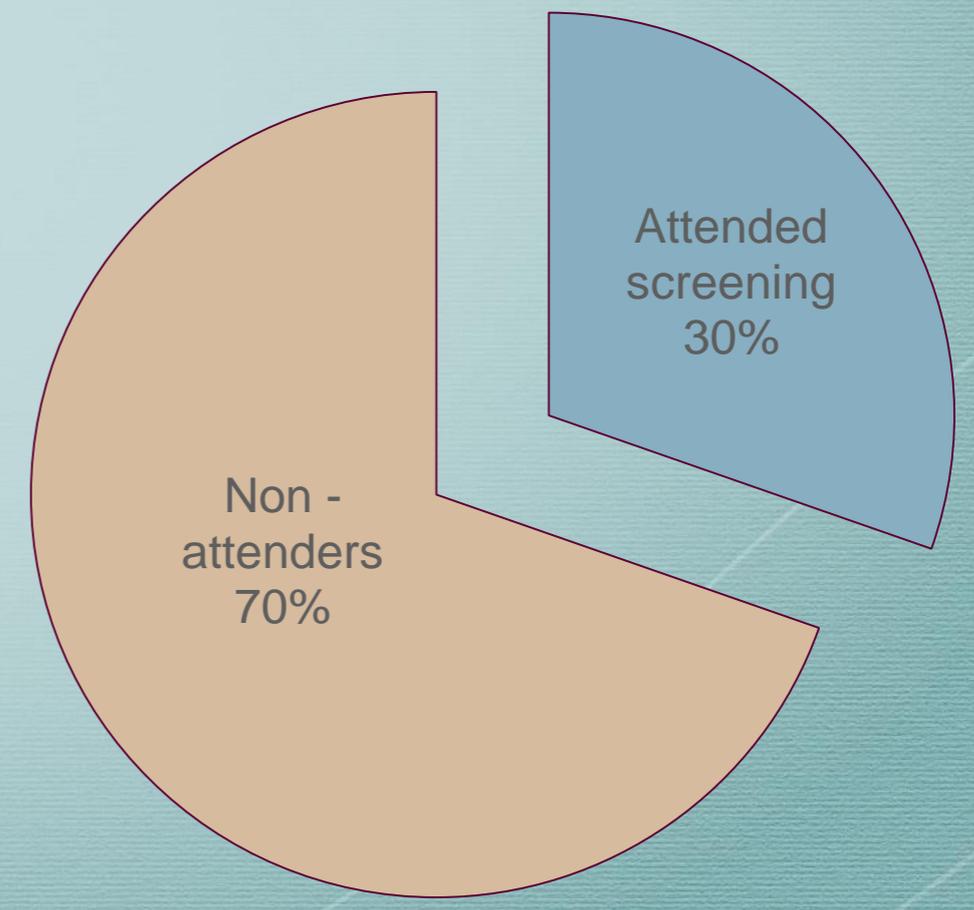
Age

Area



Data collected

Final result collected



Breakdown of results

Results	Number
No Retinopathy	25
BDR mild	8
Pre-PDR	1
PDR	1
M1- 6 months re-screen	2
M2- Referable Maculopathy	2

Total = 41

Case study

22 year old female

Last seen for eye screening July 2011

Results BDR-Right M2-Left

Referred to the eye clinic 2011

Was seen in eye clinic on a regular basis from 2011-2012

DNA'd eye clinic in 2013 and was lost to follow up





Attended Eye Clinic 30/06/15

Diagnosis:

Bilateral PDR

Bilateral Vitreous Haemorrhages

Visual Acuity: 6/6 right 6/9 left

Urgent laser required

Follow up appointment

Diagnosis: PDR

Partially regressed new vessels 2 weeks following
PRP

Good PRP uptake

Visual acuity 6/9 in both eyes

Management: Review in 6 to 8 weeks

Adults 18-30

118 DNA the diabetes clinic

20 people discounted from study

Of the 98 people remaining

39 people have had their eyes screened in the last 15 months=33%

19 people are receiving Ophthalmology care=16%

40 people have DNA both eye screening and clinic=34%

Moving Forward

Liaise with the GPs and the Diabetes nurses

Working together to improve the 34% of people that haven't attended their clinic/screening in the past 15 months

Send out further leaflets at their recall date and repeat the process

Roll out to the NHS Tayside Diabetes population

The image features a solid teal background with a white, torn-paper-like border. Faint white geometric lines, including arcs and straight lines, are scattered across the background, creating a subtle pattern. The word "Film" is centered in a bold, dark teal font.

Film

To Summarise

- Decreased the DNA in young people by a 1/3
- 3 cases of referable Retinopathy
- Possibly saved sight

Has the project been worthwhile?

The background is a solid teal color with a slightly textured appearance. There are several faint, white, curved lines scattered across the page, primarily in the corners, creating a subtle geometric pattern.

Thank you